

**Culturelle® Gut Glow Up Sweepstakes And Offer
Official Rules**

- **NO PURCHASE IS NECESSARY TO ENTER OR WIN THE SWEEPSTAKES. A PURCHASE OF ANY KIND DOES NOT INCREASE YOUR CHANCES OF WINNING.**
- **OFFER ITEMS AVAILABLE ONLY WHILE SUPPLIES LAST.**
- **VOID WHERE PROHIBITED BY LAW.**
- **ALL DISPUTES WILL BE RESOLVED SOLELY BY BINDING ARBITRATION AND ENTRANTS WAIVE THE ABILITY TO BRING CLAIMS IN A CLASS ACTION FORMAT.**
- **THIS SWEEPSTAKES IS IN NO WAY SPONSORED, ENDORSED, ADMINISTERED BY, OR ASSOCIATED WITH INSTAGRAM, LINKEDIN, META, PINTEREST, OR X.**

BY ENTERING (OR OTHERWISE PARTICIPATING IN) THE SWEEPSTAKES, YOU AGREE TO THESE OFFICIAL RULES, WHICH ARE A BINDING CONTRACT, SO READ THEM CAREFULLY BEFORE ENTERING. WITHOUT LIMITATION, THIS CONTRACT INCLUDES INDEMNITIES TO THE SWEEPSTAKES PARTIES FROM YOU AND A LIMITATION OF YOUR RIGHTS AND REMEDIES.

1. **ELIGIBILITY:** The Culturelle® Gut Glow Up Sweepstakes and Offer (“Sweepstakes”) is open only to legal residents of the fifty (50) United States and the District of Columbia, who are eighteen (18) years of age or older as of date of entry. Employees, officers and directors of i-Health, Inc (“Sponsor”), Culturelle®, Mekanism, Realtime Media LLC (“Administrator”) and their respective parent companies, affiliates, subsidiaries, advertising, contest, fulfillment and marketing agencies (collectively, the “Sweepstakes Parties”), their immediate family members and those living in the same household as such individuals (whether legally related or not) are not eligible to participate in the Sweepstakes, receive an Offer Item (as defined below), or win the prize. For purposes of this Sweepstakes, immediate family members are defined as spouse, partner, parents, legal guardians, in-laws, grandparents, siblings, children and grandchildren and their respective spouses, and those living in the same household shall mean people who share the same residence at least three (3) months a year, whether legally related or not. In the event that a household, based on address, enters the Sweepstakes using more than five (5) unique email addresses, all of the Sweepstakes entries associated with that household (determined by Sponsor or Administrator at their sole discretion) will be disqualified. Void where prohibited by law. All federal, state and local laws and regulations apply. By participating in the Sweepstakes, you unconditionally accept and agree to comply with and abide by these “Official Rules” and the decisions of Sponsor, including the interpretation of these Official Rules, administration of the Sweepstakes, selection of the winners, and Sponsor’s exercise of discretion, which will be final, non-appealable, and binding in all respects.
2. **TIMING:** The Sweepstakes begins at or about 12:00 p.m. Eastern time (“ET”) on August 1, 2025 and ends at 11:59:59 p.m. on September 30, 2025 (the “Sweepstakes Period”). The designated computer clock of the Administrator is the official time-keeping device in the Sweepstakes.
3. **HOW TO ENTER:** An eligible entrant may earn entries into the Sweepstakes using the following methods:
 - A. **Make a Qualifying Purchase:** During the Sweepstakes Period, purchase Culturelle® Digestive Daily Probiotic Capsules from a Walmart location or Walmart.com (a “Qualifying Purchase”) and retain your transaction receipt. Then, visit <https://culturelle.com/gut-glow-up> (“Website”), and complete and submit an official entry form, including your full name (no initials), complete street address (no P.O. Boxes), email address, birth date, and note your preferred choice of a “Spa Retreat Prize” or a “Mountain Retreat Prize” (each as further described below). Then, follow the on-screen instructions to upload a clear photo of your receipt showing your Qualifying Purchase (the “Receipt”). The Receipt must display a date within the Sweepstakes Period. Circle the Qualifying Purchase on the Receipt. If the Receipt is too long to fit in a single image, you may fold the receipt to fit, provided the retailer’s name, the date of the Qualifying Purchase, and the Qualifying Purchase are visible. Your Receipt must be unique, must only be uploaded once, and is subject to verification

by Sponsor and Administrator. A Receipt may not be used by more than one (1) entrant. Receipts must be readable. Mechanical reproductions, altered Receipts, or unreadable Receipts will not be accepted. Receipts submitted in excess of the limit set forth below will not be accepted. NOTE: Proof of submission does not constitute proof of delivery. Once you have successfully completed the steps above, you will receive one (1) entry into the Sweepstakes, subject to the limit below and subject to verification of your receipt.

Bonus Entries: After entering the Sweepstakes at the Website as set forth above, you may participate in the following activities from the Website to earn bonus entries:

- You may receive emails from the Sponsor inviting you to receive a bonus entry (the "Invitation Email"). You must follow the instructions and click the unique one-time link in the Invitation Email to enter your email address where prompted. You will receive one (1) bonus entry per Invitation Email. Limit up to twelve (12) bonus entries through Invitation Emails.
- If you receive an Invitation Email, follow the instructions contained therein to create a post on your Instagram account that promotes the Sweepstakes to receive one (1) bonus entry (the "Instagram Post"). **Your Instagram Post must mention @culturelleprobiotics and include the hashtag #GutGlowUpSweepstakes. Your Instagram account must be set to public.** Your Instagram Post must be suitable for publication and public viewing and must communicate messages and/or images consistent with the positive images and goodwill to which Sponsor wishes to associate. Your Instagram Post must not include the consumption of alcohol, illegal drugs, tobacco, firearms/weapons (or the use of any of the foregoing); promote any activities that may appear unsafe or dangerous; or promote any particular political agenda or message. If any Instagram Post fails to meet all requirements set forth herein, it will be disqualified. Limit one (1) bonus entry by posting a valid Instagram Account.
- Use the share functionality provided at the Website to post a prepopulated message promoting the Sweepstakes on your Facebook account, LinkedIn account, Pinterest account, and/or X account, or through your email, to invite a friend to enter the Sweepstakes. For each share message sent using the share functionality provided where an individual who receives the message uses the unique link and enters the Sweepstakes, you will receive one (1) bonus entry into the Sweepstakes, subject to the limits set forth herein. You will only receive one (1) bonus entry through each platform's referral, regardless of how many individuals enter through your unique link. Limit of up to four (4) bonus entries through sharing.

B. Free Alternate Method of Entry: To enter without making a purchase, legibly hand print your full name, full street address (no P.O. Boxes), email address, phone number, birth date, and your choice of one (1) of either the Spa Retreat Prize or Mountain Retreat Prize on a plain 3x5 inch paper ("Mail-In Entry"). Mail your completed Mail-In Entry to Realtime Media, Attn: Culturelle® Gut Glow Up Sweepstakes (11585) Entry, 2460 General Armistead Ave, STE 209, West Norriton, PA 19403. Your Mail-In Entry must be mailed in a hand-addressed, stamped envelope. No photocopied or mechanically reproduced Mail-In Entries will be accepted. Sponsor is not responsible for postage-due Mail-In Entries or for any incorrect or illegible data contained in any Mail-In Entry. Mail-In Entries must be postmarked no later than October 4, 2025 and received by October 10, 2025 to be eligible for the Sweepstakes. All Mail-In Entries become the property of Sponsor and will not be returned or acknowledged. If you take the steps above, you will receive one (1) entry into the Sweepstakes, subject to the limit below.

The Sweepstakes Parties are not responsible for technical difficulties of any kind, or for false, incorrect, changed, incomplete or illegible contact information.

LIMIT: Up to eighteen (18) total entries per person during the entire Sweepstakes Period, regardless of methods of entry, or any combination thereof. Attempts made by the same individual to earn more than the stated number of entries by using multiple or false contact information, accounts or otherwise may result in disqualification. Entries generated by script, computer programs, macro, programmed, robotic or other automated means are void and may be disqualified. Entries that are in excess of the stated limit(s), incomplete, illegible, corrupted, damaged, destroyed, forged, false, lost, late or

misdirected, deceptive or otherwise not in compliance with the Official Rules may be disqualified from the Sweepstakes at Sponsor's sole and absolute discretion. Those who do not follow all instructions, provide the required information in their entry form, or abide by these Official Rules or other instructions of Sponsor may be disqualified. Entries submitted by those who do not meet the eligibility requirements (including all requirements with respect to age and residence) are void. In the event of a dispute over the identity of an entrant, entry will be deemed submitted by the registered account holder of the email address associated with such entry, provided that person is eligible. Any potential winner may be required to show proof of being the registered account holder. Registered account holder is defined as the person assigned to an email address by an Internet access provider, online service provider or other organization responsible for assigning email addresses. In the event that a dispute regarding the identity of the individual who submitted an entry cannot be resolved to Sponsor's satisfaction, the affected entry will be deemed ineligible.

4. **HOW TO PARTICIPATE IN THE OFFER:** During the Sweepstakes Period, but only while Offer Item (as defined herein) supplies last, whichever occurs first, you will receive one (1) \$50 Walmart digital gift card ("Offer Item") upon successful submission and validation of your Receipt, as set forth in Section 3A above. Gift card is subject to the terms and conditions set forth by the issuer. One hundred (100) Offer Items are available on a first come, first served basis. Limit one (1) Offer Item per household, regardless of the number of Receipts uploaded in the Sweepstakes. Receipts are subject to verification and validation by Sponsor and Administrator, whose decisions are final and binding. Allow four (4) to six (6) weeks for Offer Item fulfillment via email.
5. **SWEEPSTAKES DRAWING:** On or about October 13, 2025, the Administrator will conduct a random drawing from among all eligible entries received in accordance with these Official Rules to select one (1) potential winner.
6. **ODDS:** Odds of winning the prize depend on the total number of eligible entries received for the entire Sweepstakes.
7. **WINNER NOTIFICATION/PRIZE CLAIMING:** The potential winner will be notified via email (or other contact information) using the information provided on the entry form in a commercially reasonable time after the drawing. The Sweepstakes Parties are not responsible for and shall not be liable for incorrect, changed, or illegible contact information or for electronic communications that are undeliverable as a result of any form of active or passive filtering, or insufficient space in entrant's email or other account to receive messages. Sweepstakes Parties are not responsible for late, lost, intercepted, misdirected, or unsuccessful efforts to notify the potential winner. Notification is deemed to have occurred immediately upon the sending of an email. If the potential winner cannot be contacted within a reasonable time period, if potential winner is ineligible, if any notification is returned undeliverable, or if the potential winner otherwise fails to fully comply with these Official Rules, potential winner will forfeit the prize and an alternate winner may be selected from among all remaining eligible entries. As part of the winner notification process, if the potential winner whose selected winning entry was made via the Instagram Post method will be required to complete and submit a prize redemption form ("Redemption Form") within five (5) days of date of notification via Instagram Direct Message (as further described in Section 8 below). The email address captured on the Redemption Form must match the email address submitted when entering the Sweepstakes via the Website. Additionally, the potential winner will be required to complete and submit a declaration of eligibility/release of liability/prize acceptance agreement ("Declaration"), within five (5) days of date of notification, as a condition of receiving the prize. If the potential winner fails or refuses to sign and return the Redemption Form (as applicable) and/or the Declaration within the required time period, if the email address provided in the Redemption Form does not match the email address submitted when entering the Sweepstakes at the Website, or if the Redemption Form (if applicable) and/or Declaration is returned as rejected, faulty, unclaimed or returned as undeliverable to the potential winner, and/or the potential winner is otherwise noncompliant, the potential winner will be disqualified and an alternate will be selected, up to three (3) alternates, after

which the prize will remain un-awarded. Potential winner becomes the “winner” only after verification of eligibility by Sponsor.

If the potential winner is a resident of Alabama or Nebraska and under the age of nineteen (19), a parent or legal guardian may be required to also sign the Declaration in order for the winner to be qualified to receive the prize.

No more than one (1) prize will be awarded. If, for any reason, more than one (1) bona fide winner comes forward seeking to claim the prize, the one (1) winner may be selected in a random drawing from among all persons making purportedly valid claims. Inclusion in such drawing shall be each entrant's sole and exclusive remedy under such circumstances.

8. PRIZE/PRIZE RESTRICTIONS: The prize to be awarded in this Sweepstakes is:

One (1) Prize: The prize is the winner's choice of one (1) of the following trips:

- **Spa Retreat Prize:** a three (3) day/two (2) trip for two (2) people – the winner and one (1) guest – to Canyon Ranch in Tucson, Arizona. Spa Retreat Prize includes: round-trip coach class air transportation from a major commercial airport near the winner's residence to a major commercial airport near Tucson, AZ (as determined by Sponsor) for the winner and guest; round-trip ground transfers between the airport and Canyon Ranch; Canyon Ranch Spa Renewal all-inclusive package with two (2) nights' accommodation in a luxury one (1) bedroom suite king (single suite/double occupancy); and a \$250 Canyon Ranch gift card. Spa Renewal all-inclusive package options are outlined here: <https://www.canyonranch.com/tucson/experiences/spa-renewal/#Included%20Services>. Included services and treatments are subject to availability, and offerings may change at Canyon Ranch's sole discretion.
- **Mountain Retreat Prize:** a three (3) day/two (2) trip for two (2) people – the winner and one (1) guest – to Mohonk Mountain House in New Paltz, New York. Mountain Retreat Prize includes: round-trip coach class air transportation from a major commercial airport near the Grand Prize winner's residence to a major commercial airport near New Paltz, NY (as determined by Sponsor) for the winner and guest; round-trip ground transfers between the airport and Mohonk Mountain House; all-inclusive Mohonk Mountain House Victorian Lake View Suite Package with two (2) nights' accommodation in a Victorian Lake View Suite (single suite/double occupancy); and a \$250 resort credit. The Lake View Suite Package includes accommodations, farm-to-table dining, activities, wellness & fitness classes, nightly entertainment, indoor heated pool, valet parking, Wi-Fi, & spa amenity access. See here for complete offerings: <https://www.mohonk.com/whats-included/stay-experience/>. Package details are subject to availability and may change at Mohonk Mountain House's sole discretion.

The ARV of the prize is \$10,000, regardless of trip selected. The actual value of the prize may vary depending on point of departure, point of arrival, fluctuations in the cost of air transportation and fluctuations in the cost of hotel accommodation. Any difference between the ARV and the actual value of the prize will not be awarded.

Travel dates are subject to availability; blackout dates and other restrictions may apply. Travel must be booked at least six (6) weeks prior to departure. Winner and guest must travel on the same itinerary. If the winner resides within a 100-mile radius of the selected destination, as determined by Sponsor in its sole discretion, ground transportation may be provided in lieu of air transportation, and no compensation will be provided for any difference in prize value. The winner and guest are responsible for having valid travel documents including government-issued photo identification as required for air travel. The winner is responsible for all travel expenses not included herein, including airline baggage fees, gratuities, meals, and any other incidental costs or expenses related to participation in the prize. Once a guest is selected, he/she may not be substituted, except in Sponsor's sole and absolute discretion. The guest must sign and return a travel liability release before travel will be booked. The winner and guest hereby acknowledge that Sponsor has not and will not obtain or provide travel insurance or any other form of insurance for any part of the prize. No changes will be made to travel

details once any element of the travel arrangements have been booked, except at Sponsor's sole discretion. The winner will be required to provide a major credit card upon hotel check-in, and all in-room charges will be charged to the credit card. Any damage to the room will be the responsibility of the winner. Sponsor bears no responsibility if any event, element, or detail of the prize is canceled, postponed, or becomes unavailable for any reason. Should any event, element, or detail of the prize become unavailable, the Sponsor shall have no obligation to the winner aside from providing the remaining portion of the prize, minus any unavailable event, element, or detail. Sponsor, any transportation provider, and/or hotel management reserve the right to remove or to deny entry to winner and/or his/her guest if either winner or his/her guest engages in a disruptive manner, or with intent to abuse, threaten or harass any other person at any prize-related event or activity.

Prize is non-transferable, with no cash redemptions, equivalents, or substitutions except at Sponsor's sole and absolute discretion. All prize details not specified in these Official Rules will be determined in Sponsor's sole and absolute discretion. Prize details and availability are subject to change and are subject to applicable rules and restrictions. In the event that Sponsor is unable to provide the prize or a prize component, the Sponsor may elect to provide winner with the approximate value of such item in cash or award an alternate prize of comparable or greater value. Prize is awarded "AS IS" and without warranty of any kind, express or implied (including, without limitation, any implied warranty of merchantability or fitness for a particular purpose). Winner will be solely responsible for all federal, state and/or local taxes, and for any other fees or costs associated with the prize received, regardless of whether it, in whole or in part, is used. The value of the prize will be reported for tax purposes as required by law. The winner will be required to provide Sponsor with a valid social security number before the prize will be awarded for tax reporting purposes. An IRS Form 1099 will be issued in the name of the winner for the actual value of the prize. Prize, if legitimately claimed, will be awarded. The Sweepstakes Parties are not responsible for and will not replace any lost, mutilated or stolen prize components or any prize that is undeliverable or does not reach the winner because of an incorrect or changed address. If the winner does not accept or use the entire prize, the unaccepted or unused part of the prize will be forfeited, and the Sweepstakes Parties will have no further obligation with respect to that prize or portion of the prize. Sponsor's designee will contact the winner to arrange travel booking upon winner verification.

9. **GENERAL:** Subject to applicable law, the winner hereby expressly grants to the Sweepstakes Parties and their respective successors, assigns, sublicensees and designees, the irrevocable right to use and publish his/her name, social handles, likeness (photographic or simulated), voice, biography and place of residence for all purposes, including, without limitation, advertising, marketing, promotional and publicity purposes in connection with this Sweepstakes ("Advertising"), in any and all media now or hereafter devised, worldwide, in perpetuity, without any form of notice, permission or any amount or kind of compensation, except for the awarding of the prize to the winner. All copyright, trademark or other intellectual property rights in such Advertising shall be owned by Sponsor and/or its licensors, and each winner hereby disclaims and waives any claim of right to such Advertising. Such Advertising shall be solely under the control of Sponsor and/or its licensors, and the winner hereby waives any claim of control over the Advertising content as well as any possible claims of misuse of winner's name, likeness or voice under contract, tort or any other theory of law. The Sweepstakes Parties do not assume any responsibility for any disruption in the Sweepstakes, including, but not limited to, the failure or interruption of any social media platform or any internet service provider. In the event there is a discrepancy or inconsistency between disclosures and other statements contained in any Sweepstakes materials and the terms and conditions of these Official Rules, these Official Rules shall prevail, govern, and control. In the event Sponsor is prevented from continuing with the Sweepstakes by any event beyond its control, including, but not limited to, fire, flood, epidemic, earthquake, explosion, labor dispute or strike, act of God or public enemy, communications or equipment failure, utility or service interruptions, riot or civil disturbance, terrorist threat or activity, war (declared or undeclared), interference with the Sweepstakes by any party, or any federal, state, or local government law, order, or regulation, order of any court or jurisdiction, or other cause not reasonably within Sponsor's control

(each, a "Force Majeure" event or occurrence), Sponsor shall have the right to modify, suspend or terminate the Sweepstakes or prize. Sponsor additionally reserves the right, in its sole and absolute discretion to modify, suspend or terminate the Sweepstakes should causes beyond Sponsor's control corrupt or interfere with the administration, integrity, operation, security or proper play of the Sweepstakes.

- 10. CONDUCT:** The Sweepstakes Parties are not responsible for the actions of entrants in connection with the Sweepstakes, including entrants' attempts to circumvent the Official Rules or otherwise interfere with the administration, security, fairness, integrity or proper conduct of the Sweepstakes. The Sweepstakes Parties reserve the right, at their sole discretion, to disqualify (or terminate the prize of) any individual who is found to be, or suspected of, acting in any manner deemed by the Sweepstakes Parties to be in violation of the Official Rules, or to be unsportsmanlike or disruptive, or with intent to annoy, abuse, threaten or harass any other person, or to be tampering with the entry process or the operation of the Sweepstakes, and void all associated entries and/or registrations. CAUTION: ANY ATTEMPT BY A USER, YOU OR ANY OTHER INDIVIDUAL TO DAMAGE OR UNDERMINE THE LEGITIMATE OPERATION OF THE SWEEPSTAKES IS A VIOLATION OF CRIMINAL AND CIVIL LAWS, AND SHOULD SUCH AN ATTEMPT BE MADE, THE SWEEPSTAKES PARTIES RESERVE THE RIGHT TO SEEK DAMAGES AND OTHER REMEDIES (INCLUDING ATTORNEYS' FEES) FROM ANY SUCH PERSON TO THE FULLEST EXTENT PERMITTED BY LAW.
- 11. WAIVERS AND DISCLAIMERS:** The Sweepstakes Parties assume no responsibility or liability for: (a) lost, late, stolen, undelivered, inaccurate, incomplete, delayed, misdirected, damaged or garbled registrations, entries, URLs, or emails; (b) any incorrect or inaccurate entry information, or for any faulty or failed electronic data transmissions; (c) any unauthorized access to, or theft, destruction or alteration of entries or registrations at any point in the operation of this Sweepstakes; (d) any technical malfunction, failure, error, omission, interruption, deletion, defect, delay in operation or communications line failure, regardless of cause, with regard to any equipment, systems, networks, lines, cable, satellites, servers, computers or providers utilized in any aspect of the operation of the Sweepstakes; (e) inaccessibility or unavailability of the Internet or the website or any combination thereof or for computer hardware or software malfunctions, failures or difficulties, or other errors or difficulties of any kind whether human, mechanical, electronic, computer, network, typographical, printing or otherwise relating to or in connection with the Sweepstakes, including, without limitation, errors or difficulties which may occur in connection with the administration of the Sweepstakes, the processing of entries, social networking posts, or registrations, the announcement of the prizes, or in any other Sweepstakes-related materials; or (f) any injury or damage to entrants or to any other person's computer which may be related to or resulting from any attempt to participate in the Sweepstakes. If, for any reason, the Sweepstakes (or any part thereof) is not capable of running as planned for reasons which may include, without limitation, infection by computer virus, tampering, unauthorized intervention, fraud, technical failures, or any other causes which may corrupt or affect the administration, security, fairness, integrity or proper conduct of this Sweepstakes, then the Sweepstakes Parties reserve the right at their sole discretion to cancel, terminate, modify or suspend the Sweepstakes in whole or in part. If terminated, the Sweepstakes Parties will award the prize in a random drawing from among all non-suspect, eligible entries received for the Sweepstakes up to the time of such action.
- 12. RELEASES:** All entrants, as a condition of participation in this Sweepstakes, release, discharge, indemnify and hold harmless the Sweepstakes Parties, Instagram, LinkedIn, Meta, Pinterest, X, and each of their respective directors, officers, employees, agents, successors and assigns (collectively, "Released Parties") from and against any and all liability, claims, costs (including attorneys' fees), losses, damages, fines, or actions of any kind whatsoever for injuries, death, damages, or losses to persons or property which may be sustained, in whole or in part, directly or indirectly, in connection with: (i) participation in any aspect of the Sweepstakes (including travel to/from any Sweepstakes activity), (ii) the receipt, ownership, use or misuse of the prize awarded, including any travel associated with any prize, (iii) the Released Parties' violation of rights of publicity or privacy, claims of defamation or portrayal in a false light or based on any claim of infringement of intellectual property; (iv) entrant's

registration material on any related website, or (v) any typographical, human or other error in the printing, offering, selection, operation or announcement of any Sweepstakes activity and/or prize.

- 13. GOVERNING LAW AND LIMITATION OF LIABILITY:** All issues and questions concerning the construction, validity, interpretation and enforceability of these Official Rules or the rights and obligations of entrants, Sponsor or the Released Parties in connection with the Sweepstakes will be governed by and construed in accordance with the internal laws of the State of Connecticut, without giving effect to any choice of law or conflict of law rules or provisions that would cause the application of any other laws.

BY ENTERING THE SWEEPSTAKES, ENTRANT AGREES THAT TO THE EXTENT PERMITTED BY APPLICABLE LAW: (A) ANY AND ALL DISPUTES, CLAIMS AND CAUSES OF ACTION ARISING OUT OF OR CONNECTED WITH THE SWEEPSTAKES, OR ANY PRIZE AWARDED, WILL BE RESOLVED INDIVIDUALLY, WITHOUT RESORT TO ANY FORM OF CLASS ACTION; (B) ANY AND ALL CLAIMS, JUDGMENTS AND AWARDS WILL BE LIMITED TO ACTUAL THIRD-PARTY, OUT-OF-POCKET COSTS INCURRED (IF ANY) NOT TO EXCEED TEN DOLLARS (\$10.00), BUT IN NO EVENT WILL ATTORNEYS' FEES BE AWARDED OR RECOVERABLE; (C) UNDER NO CIRCUMSTANCES WILL ANY ENTRANT BE PERMITTED TO OBTAIN ANY AWARD FOR, AND ENTRANT HEREBY KNOWINGLY AND EXPRESSLY WAIVES ALL RIGHTS TO SEEK, PUNITIVE, INCIDENTAL, CONSEQUENTIAL OR SPECIAL DAMAGES, LOST PROFITS AND/OR ANY OTHER DAMAGES, OTHER THAN ACTUAL OUT OF POCKET EXPENSES NOT TO EXCEED TEN DOLLARS (\$10.00), AND/OR ANY RIGHTS TO HAVE DAMAGES MULTIPLIED OR OTHERWISE INCREASED; AND (D) ENTRANTS' REMEDIES ARE LIMITED TO A CLAIM FOR MONEY DAMAGES (IF ANY) AND ENTRANT IRREVOCABLY WAIVES ANY RIGHT TO SEEK INJUNCTIVE OR EQUITABLE RELIEF. SOME JURISDICTIONS DO NOT ALLOW THE LIMITATIONS OR EXCLUSION OF LIABILITY, SO THE ABOVE MAY NOT APPLY TO YOU.

- 14. DISPUTE RESOLUTION:** The parties each agree to finally settle all disputes only through arbitration; provided, however, the Sponsor shall be entitled to seek injunctive or equitable relief in the state and federal courts in the State of Connecticut, and any other court with jurisdiction over the parties. In arbitration, there is no judge or jury, and review is limited. The arbitrator's decision and award is final and binding, with limited exceptions, and judgment on the award may be entered in any court with jurisdiction. The parties agree that, except as set forth above, any claim, suit, action or proceeding arising out of or relating to this Sweepstakes shall be resolved solely by binding arbitration before a sole arbitrator under the streamlined Arbitration Rules Procedures of JAMS Inc. ("JAMS") or any successor to JAMS. In the event JAMS is unwilling or unable to set a hearing date within fourteen (14) days of the filing of a "Demand for Arbitration", then either party can elect to have the arbitration administered by the American Arbitration Association ("AAA") or any other mutually agreeable arbitration administration service. If an in-person hearing is required, then it will take place in the State of Connecticut. The federal or state law that applies to these Official Rules will also apply during the arbitration. Disputes will be arbitrated only on an individual basis and will not be consolidated with any other proceedings that involve any claims or controversy of another party, including any class actions; provided, however, if for any reason any court or arbitrator holds that this restriction is unconscionable or unenforceable, then the agreement to arbitrate doesn't apply and the dispute must be brought in a court of competent jurisdiction in the State of Connecticut. Sponsor agrees to pay the administrative and arbitrator's fees in order to conduct the arbitration (but specifically excluding any travel or other costs of entrant to attend the arbitration hearing). Either party may, notwithstanding this provision, bring qualifying claims in small claims court.

- 15. ENTRY INFORMATION AND SWEEPSTAKES COMMUNICATIONS:** As a condition of entering the Sweepstakes, each entrant gives consent for Sponsor to obtain and deliver his or her name, address and other information to third parties for the purpose of administering this Sweepstakes and to comply with applicable laws, regulations and rules. Any information entrant provides to Sponsor may be used to communicate with entrant in relation to this Sweepstakes or on a Sweepstakes winner's list. By participating in the Sweepstakes, entrant agrees to all of the terms and conditions of the Sponsor's Privacy Policy, which is available at <https://culturelle.com/pages/i-health-inc-internet-privacy-policy>. In

the event of any discrepancy between the Sponsor's Privacy Policy and these Official Rules, these Official Rules shall control and govern.

- 16. MISCELLANEOUS:** The invalidity or unenforceability of any provision of these Official Rules will not affect the validity or enforceability of any other provision. In the event that any provision of the Official Rules is determined to be invalid or otherwise unenforceable or illegal, the other provisions will remain in effect and will be construed in accordance with their terms as if the invalid or illegal provision were not contained herein. Sponsor's failure to enforce any term of these Official Rules will not constitute a waiver of that provision. Entrants agree to waive any rights to claim ambiguity of these Official Rules. Headings are solely for convenience of reference and will not be deemed to affect in any manner the meaning or intent of the documents or any provision hereof. In the event there is a discrepancy or inconsistency between disclosures or other statements contained in any Sweepstakes-related materials, privacy policy or terms of use on any website, social media platform or application and/or the terms and conditions of the Official Rules, the Official Rules shall prevail, govern and control and the discrepancy will be resolved in Sponsor's sole and absolute discretion.
- 17. WINNER LIST:** To receive a listing of the name of the winner, send a #10 self-addressed, stamped envelope for receipt by December 14, 2025 to: Culturelle® Gut Glow Up Sweepstakes (11585) - Winner List Request, c/o Realtime Media, 2460 General Armistead Ave, STE 209, West Norriton, PA 19403.
- 18. SPONSOR:** i-Health, Inc., 2 Corporate Drive, Suite 445, Shelton, CT 06484. Reference to third parties in connection with prizing and/or third-party websites or services are for reference and identification purposes only and not intended to suggest endorsement, sponsorship or affiliation with Sponsor or the Sweepstakes.
- 19. ADMINISTRATOR:** Realtime Media LLC, 2460 General Armistead Ave, STE 209, West Norriton, PA 19403.